



vCare On-Demand Healthcare

Have a health question or concern? Our virtual care platform is designed to address your healthcare needs via secure text and video chat – anytime, wherever you are.

Your new on-demand virtual healthcare solution.

This online platform provides you and your family with 24/7, personalized medical support wherever you are in Canada. Connect instantly with a healthcare provider for your primary health questions and concerns.

- Unlimited virtual consultations via secure text and video chat, 24/7
- Convenient primary and mental health-care support
- Fill and refill prescriptions, specialist referrals, and lab requisitions
- Coverage for you and your eligible dependents
- Virtual follow-ups with no appointments required
- Health records on the platform, with updates sent to your family doctor with your consent

Avoid visits to walk-in clinics or emergency rooms for non-emergency issues such as:

- Infections, rashes and skin irritations
- Anxiety and depression
- Stomach and digestive issues
- Cough, cold and flu
- Weight loss counselling and smoking cessation
- And much more

Please note: Specific cases will require an in-person medical appointment at the discretion of our healthcare providers. **This service is not for emergencies** – for emergencies, please call 911 or go to the nearest emergency room. Our clinicians cannot complete Workers' Compensation forms or sick notes for more than three days.

Contact your Benefits Consultant to find out more.